



# LET'S TALK SOONER

**Congratulations on your admission to The University of Oklahoma Health. Explore the opportunities below as you prepare to start your academic health program. Each session is scheduled for roughly one hour.**

*Click a date below to register for that session.*  
ALL SESSIONS WILL TAKE PLACE IN CENTRAL STANDARD TIME (CST).

SESSIONS

## **BUILDING A SUPPORT SYSTEM**

*Success in school involves networking within the academic community and maintaining your existing support networks. Let's discuss how students and their supporters can adjust expectations, identify needs, and communicate effectively to optimize success!*  
**PRESENTED BY: CRAIG CRUZAN & CARMON DRUMM, STUDENT COUNSELING SERVICES**

- MONDAY, MAY 18, 2026 – NOON**
- TUESDAY, JUNE 23, 2026 – 4 PM**
- WEDNESDAY, JULY 8, 2026 – 6 PM**

## **COMPLIANCE ON CAMPUS**

*From verifying transcripts and making your first payment to computer encryption and validating immunization records, there is a long checklist of items students must complete before courses begin. Join Student Affairs to walk through each step of compliance.*  
**PRESENTED BY: MICHAEL HARRINGTON & JOSH DAVIS, OU STUDENT AFFAIRS**

- WEDNESDAY, MAY 6, 2026 – NOON**
- THURSDAY, MAY 21, 2026 – 10 AM**
- TUESDAY, JUNE 23, 2026 – 6 PM**

## **LIFE ON CAMPUS**

*Life on campus isn't just lab work, classrooms, and clinical rotations! Our Student Affairs teams offer opportunities for students to connect to their campus/site, engage in leadership and volunteerism, and connect with peers in an interdisciplinary setting. Join us to learn more about the opportunities and resources that await you at OU!*  
**PRESENTED BY: LAUREN CONDRIY, SKYLER PORRAS, VANESSA ORTIZ, & RAINA MELVIN, OU STUDENT AFFAIRS**

- TUESDAY, MAY 19, 2026 – 10 AM**
- WEDNESDAY, JUNE 10, 2026 – NOON**
- THURSDAY, JULY 16, 2026 – 4 PM**

## **MONEY MATTERS**

*You are making an incredible commitment to your education that requires significant time and money. If you don't have a plan to pay for your tuition or are interested in building a budget for the upcoming year, join us to hear tips and tricks from professionals across our Norman, Oklahoma City, and Tulsa Campuses on how to best manage your finances while in a Health Sciences academic program.*  
**PRESENTED BY: STACEY HARRIS STUDENT FINANCIAL SERVICES, & CAMI SHEAFFER OU MONEYCOACH**

- MONDAY, APRIL 20, 2026 – NOON**
- TUESDAY, MAY 5, 2026 – 10 AM**
- TUESDAY, JULY 15, 2026 – 4 PM**